

Mentorship Start-up Form

Name: _____ Please fax back to: (____) ____ - ____.

#1) What information, direction, or insight are you looking to get out of this mentorship relationship?

#2) Are there any specific goals that you are looking for advice or input on to help you achieve them? Try to make the goals SMART (Specific, Measurable, Attainable, Realistic, Timely)

#3) What motivates you and gives you energy?

#4) What de-motivates you or drains your energy?

#5) Are there any urgent or pressing issues you want help with?

#6) Are there any business or personal resources or assets that you would like to acquire or connect with? (Introductions to people, information on various organizations, access to professional advisors such as accountants, lawyers etc.)

#7) What are your personal hobbies and areas of interest?

#8) Do you have any other mentors or coaches? If so what role do they play in your life?

#9) In order for you to feel that this relationship has been successful what would have to happen?

#10) Please share any other thoughts, goals or challenges with me that you feel would be relevant to our relationship:

Mentorship Prep Form

WHAT I HAVE ACCOMPLISHED SINCE OUR LAST MEETING

WHAT I DIDN'T GET DONE, BUT INTENDED TO:

THE CHALLENGES AND PROBLEMS I AM FACING NOW:

THE OPPORTUNITIES WHICH ARE AVAILABLE TO ME RIGHT NOW:

I WANT TO USE THIS MEETING TO FOCUS ON:

WHAT DO I PROMISE TO DO BY OUR NEXT MEETING:

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info@kbitraining.com

The Mentee / Learner Style Grid:

<p style="text-align: center;">The Promoter / Affective</p> <p>Generally:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Talkative <input type="checkbox"/> Big picture orientated <input type="checkbox"/> Very Expressive <input type="checkbox"/> Likes to get personal <p>Strengths:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Persuasive <input type="checkbox"/> Great networker <input type="checkbox"/> Great at taking action on an idea <input type="checkbox"/> Good at making first impressions <p>Weaknesses:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Tends to get off topic <input type="checkbox"/> Often late or unprepared for meetings <input type="checkbox"/> Fails to follow through and finish things <input type="checkbox"/> Talks too much and doesn't listen enough <p>_____ Quadrant Total</p>	<p style="text-align: center;">The Controller / Behavioural</p> <p>Generally:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Focused on results <input type="checkbox"/> Values the bottom-line <input type="checkbox"/> Expressive and to the point <input type="checkbox"/> Strong Direct Posture <p>Strengths:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Works productively under pressure <input type="checkbox"/> Naturally assumes alpha role in a group <input type="checkbox"/> High Action <input type="checkbox"/> On time <p>Weaknesses:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Can be abrasive or pushy <input type="checkbox"/> Can be stubborn and unbending <input type="checkbox"/> Can fail to miss the details or relationship building <input type="checkbox"/> Can be insensitive and impersonal <p>_____ Quadrant Total</p>
<p style="text-align: center;">The Supporter / Interpersonal</p> <p>Generally:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Likes to fit in <input type="checkbox"/> Not too talkative <input type="checkbox"/> Talks in feelings <input type="checkbox"/> Even paced worker <p>Strengths:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Perceptive of other feelings <input type="checkbox"/> Great in a supportive role <input type="checkbox"/> Honest and sincere <input type="checkbox"/> Can get along with almost anyone <p>Weaknesses:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Can be easily manipulated or pushed around <input type="checkbox"/> Too emotional <input type="checkbox"/> Loses track of time <input type="checkbox"/> Not assertive enough <p>_____ Quadrant Total</p>	<p style="text-align: center;">The Analytical / Cognitive</p> <p>Generally:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Loves details <input type="checkbox"/> Very organized <input type="checkbox"/> Introverted <input type="checkbox"/> Down to earth and understated <p>Strengths:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Accurate <input type="checkbox"/> Thorough <input type="checkbox"/> Produces good quality results <input type="checkbox"/> Great planner <p>Weaknesses:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Can take forever to make decisions <input type="checkbox"/> Can hold a grudge too long <input type="checkbox"/> Unresponsive or unexpressive <input type="checkbox"/> Avoids people under pressure <p>_____ Quadrant Total</p>

(visit www.kbitraining.com/mentorshipguide.html for access to CRG in-depth profiles and assessments)

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